

# Key Stage 3 PE Curriculum Map 2021/22

Group	6 Sept -24 Sept	27 sept -15 Oct	18 Oct – 12 Nov	15 Nov – 3 Dec	6 Dec – 7th Jan
7 X/Y 1 JVE & SMN	TABLE TENNIS Gymnasium (p)	BADMINTON Sports Hall (p)	BASKETBALL Sports Hall (p)	RUGBY Field (s)	NETBALL Lower Courts (p)
7 X/Y 2 KHN	HEALTH-RELATED EXERCISE Top Courts (p)	TABLE TENNIS Gymnasium (p)	HANDBALL Top Courts (s)	FOOTBALL Field (s)	DANCE Main Hall/Gymnasium (p)
7 X/Y 3 SMN & SLR	NETBALL Lower Courts (s)	RUGBY Field (s)	TABLE TENNIS Gymnasium (p)	HANDBALL Top Courts (p)	FOOTBALL Field (s)
7 X/Y 4 MOD & JVE	FOOTBALL Field (s)	HANDBALL Top Courts (s)	OAA Lower Courts (s)	NETBALL Lower Courts (p)	RUGBY Field (s)
8 X/Y 1 KHN & SMN	TABLE TENNIS Gymnasium (p)	BADMINTON Sports Hall (p)	BASKETBALL Sports Hall (p)	RUGBY Field (s)	FOOTBALL Field (s)
8 X/Y 2 MOD	GYMNASTICS - FLOOR Main Hall (p)	NETBALL Lower Courts (s)	RUGBY Field (s)	FOOTBALL Field (s)	HANDBALL Top Courts (p)
8 X/Y 3 JVE & KHN	NETBALL Lower Courts (s)	FOOTBALL Field (s)	GYMNASTICS - FLOOR Gymnasium (p)	HANDBALL Top Courts (p)	TABLE TENNIS Gymnasium (p)
9 X/Y 1 MOD	TABLE TENNIS Gymnasium (p)	BADMINTON Sports Hall (p)	BASKETBALL Sports Hall (p)	RUGBY Field (s)	FOOTBALL Field (s)
9 X/Y 2 JVE & SLR	THE WEST END Main Hall (p)	NETBALL Lower Courts (s)	RUGBY Field (s)	FOOTBALL Field (s)	HANDBALL Top Courts (p)
9 X/Y 3 SLR & JVE	NETBALL Lower Courts (s)	FOOTBALL Field (s)	THE WEST END Gymnasium (p)	HANDBALL Top Courts (p)	TABLE TENNIS Gymnasium (p)

# Key Stage 3 PE Curriculum Map 2021/22

Group	10 Jan -28 Jan	31 Jan – 4 Mar	7 Mar – 25 Mar	28 Mar – 29 Apr	2 May – 20 May
7 X/Y 1 JVE & SMN	HANDBALL Top Courts (s)	FOOTBALL Field (s)	RUGBY Field (S)	OAA Lower Courts (s)	DANCE Main Hall (S)
7 X/Y 2 KHN	NETBALL Lower Courts (s)	RUGBY Field (s)	OAA Top Courts (P)	TABLE TENNIS Gymnasium (p)	BADMINTON Sports Hall (p)
7 X/Y 3 SMN & SLR	BASKETBALL Sports Hall (p)	TABLE TENNIS Gymnasium (p)	HEALTH-RELATED EXERCISE Lower Courts (s)	BADMINTON Sports Hall (p)	TENNIS Top Courts (P)
7 X/Y 4 MOD & JVE	TABLE TENNIS Gymnasium (p)	BADMINTON Sports Hall (p)	DANCE Main Hall (p)	TENNIS Top Courts (s)	FOOTBALL Field (s)
8 X/Y 1 KHN & SMN	HANDBALL Top Courts (s)	NETBALL Lower Courts (s)	OAA Top Courts (s)	GYMNASTICS - FLOOR Main Hall (P)	CRICKET Field (S)
8 X/Y 2 MOD	TABLE TENNIS Gymnasium (p)	BASKETBALL Sports Hall (p)	TENNIS Lower Courts (p)	RUGBY Field (s)	BADMINTON Sports Hall (p)
8 X/Y 3 JVE & KHN	BASKETBALL Sports Hall (p)	OAA Gymnasium (p)	RUGBY Field (s)	BADMINTON Sports Hall (p)	FOOTBALL Field (S)
9 X/Y 1 MOD	HANDBALL Top Courts (s)	NETBALL Lower Courts (s)	OAA Lower Courts (p)	THE WEST END Main Hall (p)	CRICKET Field (s)
9 X/Y 2 JVE & SLR	TABLE TENNIS Gymnasium (p)	BASKETBALL Sports Hall (p)	HANDBALL Top Courts (P)	BADMINTON Sports Hall (p)	TENNIS Lower Courts (p)
9 X/Y 3 SLR & JVE	BASKETBALL Sports Hall (p)	THE WEST END Gymnasium (p)	RUGBY Field (s)	OAA Gymnasium (s)	BADMINTON Sports Hall (p)

# Key Stage 3 PE Curriculum Map 2021/22

Group	23 May -17 June	20 June – 8 July	11 July – 22 July
7 X/Y 1 JVE & SMN	ATHLETICS Field	CRICKET Field (s)	TENNIS Top Courts (p)
7 X/Y 2 KHN	ATHLETICS Field	TENNIS Top Courts (p)	CRICKET Field (s)
7 X/Y 3 SMN & SLR	ATHLETICS Field	ROUNDERS Field (s)	OAA Gymnasium (p)
7 X/Y 4 MOD & JVE	ATHLETICS Field	HEALTH-RELATED EXERCISE Lower Courts (p)	ROUNDERS Field (s)
8 X/Y 1 KHN & SMN	ATHLETICS Field	ROUNDERS Field (S)	TENNIS Top Courts (p)
8 X/Y 2 MOD	ATHLETICS Field	CRICKET Field (s)	OAA Gymnasium (p)
8 X/Y 3 JVE & KHN	ATHLETICS Field	TENNIS Top Courts (p)	CRICKET Field (s)
9 X/Y 1 MOD	ATHLETICS Field	ATHLETICS Field	TENNIS Top Courts (p)
9 X/Y 2 JVE & SLR	ATHLETICS Field	ATHLETICS Field	OAA Gymnasium (p)
9 X/Y 3 SLR & JVE	ATHLETICS Field	ATHLETICS Field	CRICKET Field (s)

# Key Stage 4 PE Curriculum Map 2021/22

Group	6 Sept -24 Sept	27 sept -15 Oct	18 Oct – 12 Nov	15 Nov – 3 Dec	6 Dec – 7th Jan
10 X/Y 1 KHN & JVE	TABLE TENNIS Gymnasium (p)	BADMINTON Sports Hall (p)	BASKETBALL Sports Hall (p)	TAG RUGBY Field (s)	OAA Lower Courts (p)
10 X/Y 2 JVE & KHN	FOOTBALL Field (s)	TABLE TENNIS Gymnasium (p)	HANDBALL Top Courts (s)	NETBALL Lower Courts (p)	TAG RUGBY Field (s)
10 X/Y 3 SLR	NETBALL Lower Courts (p)	HEALTH-RELATED EXERCISE Lower Courts (s)	TABLE TENNIS Gymnasium (p)	FOOTBALL Field (s)	HANDBALL Top Courts (p)
10 X/Y 4 MOD & SMN	TAG RUGBY Field (s)	HANDBALL Top Courts (s)	NETBALL Lower Courts (s)	HEALTH-RELATED EXERCISE Top Courts (p)	FOOTBALL Field (s)
11 X/Y B Competitive JVE & SMN	FOOTBALL Field (s)	BADMINTON Sports Hall (p)	BASKETBALL Sports Hall (p)	RUGBY Field (s)	HANDBALL Top Courts (s)
11 X/Y G Competitive SLR	NETBALL Lower Courts (s)	NETBALL Lower Courts (s)	FOOTBALL Field (s)	HANDBALL Top Courts (s)	FITNESS (TEAM) Lower Courts (s)
11 X/Y Health & Leisure KHN	FITNESS Top Courts (p)	CARDIOVADCLAR TRAINING Top Courts (s)	BENCHBALL Gymnasium (p)	DANCE Main Hall (p)	CROSSFIT Main Hall (p)
11 X/Y Alternative MOD	TABLE TENNIS Gymnasium (p)	BOXERCISE Gymnasium (p)	OAA Lower Courts (s)	FITNESS Lower Courts (p)	TRAMPOLINING Gymnasium (p)

# Key Stage 4 PE Curriculum Map 2021/22

Group	10 Jan -28 Jan	31 Jan – 4 Mar	7 Mar – 25 Mar	28 Mar – 29 Apr	2 May – 20 May
10 X/Y 1 KHN & JVE	TABLE TENNIS Gymnasium (p)	HANDBALL Top Courts (s)	FOOTBALL Field (s)	NETBALL Lower Courts (s)	TENNIS Top Courts (s)
10 X/Y 2 JVE & KHN	OAA Lower Courts (s)	BADMINTON Sports Hall (p)	HEALTH-RELATED EXERCISE Top Courts (s)	TABLE TENNIS Gymnasium (p)	CRICKET Field (s)
10 X/Y 3 SLR	TAG RUGBY Field (s)	OAA Lower Courts (s)	NETBALL Lower Courts (p)	BASKETBALL Sports Hall (p)	BADMINTON Sports Hall (p)
10 X/Y 4 MOD & SMN	BASKETBALL Sports Hall (p)	TABLE TENNIS Gymnasium (p)	OAA Upper Courts (p)	TENNIS Top Courts (s)	NETBALL Gymnasium (p)
11 X/Y B Competitive JVE & SMN	FITNESS (INDIVIDUAL) Top Courts (s)	FITNESS (TEAM) Lower Courts (s)	TENNIS Top Courts (s)	CRICKET Field (s)	TBC
11 X/Y G Competitive SLR	BADMINTON Sports Hall (p)	DANCE Main Hall (s)	FITNESS (INDIVIDUAL) Fitness Suite (p)	BASKETBALL Sports Hall (p)	TBC
11 X/Y Health & Leisure KHN	BOXERCISE Gymnasium (s)	TABLE TENNIS Gymnasium (p)	ZUMBA Gymnasium (p)	YOGA Gymnasium (p)	TBC
11 X/Y Alternative MOD	BOCCIA Gymnasium (p)	TCHOUKBALL Sports Hall (p)	BENCHBALL Main Hall (s)	ULTIMATE FRISBEE Field (s)	TBC

# Key Stage 4 PE Curriculum Map 2021/22

Group	23 May -17 June	20 June – 8 July	11 July – 22 July
10 X/Y 1 KHN & JVE	ATHLETICS Field	ATHLETICS Field	CRICKET Field (s)
10 X/Y 2 JVE & KHN	ATHELETICS Field	ATHELETICS Field	TENNIS Top Courts (p)
10 X/Y 3 SLR	ATHLETICS Field	ATHLETICS Field	ROUNDERS Field (s)
10 X/Y 4 MOD & SMN	ATHLETICS Field	ATHLETICS Field	BADMINTON Bottom Courts (p)
11 X/Y B Competitive JVE & SMN	TBC	TBC	TBC
11 X/Y G Competitive SLR	TBC	TBC	TBC
11 X/Y Health & Leisure KHN	TBC	TBC	TBC
11 X/Y Alternative SMN & MOD	TBC	TBC	TBC

# Curriculum Information KS4 PE

## GCSE PE

**Course Title:** GCSE (9-1) in Physical Education

**Exam Board:** OCR

### Content Overview

Component	Marks	Duration	Weighting
<p><b>Physical factors affecting performance</b></p> <p>Students explore how parts of the human body function during physical activity and the physiological; adaptations that occur due to diet and training. They also develop skills in data analysis, and an understanding of the principles of training, why we train in different ways and how training plans can be made to optimise results.</p> <p><b>There are two topics:</b> Applied anatomy and physiology Physical training.</p>	60	1 hour	30%
<p><b>Socio-cultural issues and sports psychology</b></p> <p>Students develop their knowledge of the socio-cultural and psychological influences on levels of participation in sport, and also how sport impacts on society more broadly. This includes the individual benefits to health, fitness and well-being of participating in physical activity, as well as the influences of commercialisation, sponsorship and the media.</p> <p><b>There are three topics:</b> Socio-cultural influences Sports Psychology Health, fitness and well-being.</p>	60	1 hour	30%
<p><b>Practical Performances</b></p> <p>Students are assessed performing in competitive situations in three practical activities, including at least one 'team' and at least one 'individual' sport from the approved activity lists. They demonstrate effective performance, the use of tactics or techniques and the ability to observe the rules and conventions under applied conditions.</p>	60	–	30%
<p><b>Analysis and Evaluation of Performance</b></p> <p>Students are assessed on the knowledge, understanding and skills they have learnt to analyse and evaluate their own or a peer's performance in one activity.</p> <p>The assessment consists of a written task that must be completed under controlled conditions.</p>	20	–	10%

# Curriculum Information KS4 PE



## BTEC SPORT

**Course Title:** Pearson BTEC Level 2 First Award in Sport

**Exam Board:** Edexcel

### Course Content:

Students will study 4 units of work throughout two years:

Unit 1: Fitness for Sport & Exercise (Exam)

Unit 2: Practical Performance in Sport (Practical Assessment & Coursework)

Unit 3: Applying the Principles of Personal Training (Practical Assessment & Coursework)

Unit 5: The Sports Performer in Action (Coursework)

### Assessment:

Two units will be delivered and assessed each year of the course. Students are expected to be assessed by coursework, practical performance and an exam. All assessment is carried out in exam conditions.

Each unit will be assessed and graded as a Pass, Merit and Distinction. All work is moderated internally before the final grade being given to students with the exception of Unit 1 where the students sit an online exam and this is marked externally. The grades from each unit are weighted and contribute to an overall course grade. Overall course grades can be Pass, Merit, Distinction or Distinction\*.

Please see below how students achieve their qualification grade.

Unit Grade	Unit Grade	Unit Grade	Unit Grade	Overall Qualification Grade
Distinction	Distinction	Distinction	Distinction	Distinction*
Distinction	Distinction	Distinction	Merit	Distinction*
Distinction	Distinction	Merit	Merit	Distinction
Distinction	Merit	Merit	Merit	Merit
Merit	Merit	Merit	Merit	Merit
Merit	Merit	Merit	Pass	Merit
Merit	Merit	Pass	Pass	Pass
Merit	Pass	Pass	Pass	Pass
Pass	Pass	Pass	Pass	Pass